Table of Contents

About the Author ix

Preface ix

Introduction



It's All About the Details 1

I.1 Study the Details 2

Chapter





Hand Sewing Techniques 3

- 1.1 Hand Stitching Techniques 4 1.1a Hand Stitches 4
- 1.2 Pinning Techniques 5
- 1.3 Hand Sewing Stitches 6
 - 1.3a Tailor Tacks for Thread Tracing 6
 - 1.3b Hand Basting Stitches 8
 - 1.3c Hand Basting Running Stitches
 - 1.3d Slip Basting Stitches 9
 - 1.3e Permanent Stitches 9

KEY TERMS 18

ADDITIONAL KEY TERMS 18

Chapter



Seams, Stitches, and Sewing Technology

- 2.1 Sewing Technology Foundations 20
- **2.2** Tool Kit 20
 - 2.2a Hand Sewing Supplies 20
 - 2.2b Machine Sewing Supplies 21
 - 2.2c Cutting Equipment 23
 - 2.2d Pressing Equipment 25
 - 2.2e Sewing Machine Equipment 27
 - 2.2f Marking Supplies 27
 - 2.2g Measuring Supplies 28
 - 2.2h Assorted Items to Have Handy Just in Case 29
- 2.3 Grain Lines 30
- 2.4 Tips for the Perfect Seam 30
- 2.5 Must Know Sewing Technology Terms 31
- 2.6 Stitches and Seams 31
 - 2.6a Back Tacks 31
 - 2.6b Ease Stitches 32
 - 2.6c Gathers 32
 - 2.6d Guidelines for Stitching Straight Seams 32
 - 2.6e Guidelines for Stitching Curved Seams
 - 2.6f Slot Seams 35
 - 2.6g Finishing the Raw Edges of Seams 37
 - 2.6h Flat Felled Seams 37
 - 2.6i French Seams 38
 - 2.6j Mock or Faux French Seams 40
 - 2.6k Overlock or Serging 40
 - 2.6l Turned-and-Stitch Technique 41
 - 2.6m Binding 41
 - 2.6n Edge Stitching 41
 - 2.60 Topstitches 42

KEY TERMS 44





Darts 45

- 3.1 Types of Darts 46
 - 3.1a Straight Darts 46
 - 3.1b French Dart 46
 - 3.1c Fisheye Dart (Contour Dart) 46
 - 3.1d Released or Tuck Dart 46
 - 3.1e Cut-away Dart 47
- 3.2 Marking the Darts 47
- 3.3 Stitching the Darts 48
 - 3.3a Straight Dart 48
 - 3.3b French Seam Dart 48
 - 3.3c Double Pointed or Fisheye Dart 5
- 3.4 Finishing off Darts 52
 - 3.4a Chain off Dart Method 52
 - 3.4b Knot Dart Method 52
 - 3.4c Stitch in the Fold Dart Method 52
- 3.5 Pressing the Darts 53
 - 3.5a Bust Darts 53
 - 3.5b Straight Darts (Skirt and Pant Darts) 5
 - 3.5c French Darts and Cut-Away Darts 53
 - 3.5d Fisheye Darts 53
 - 3.5e Released or Tucked Darts 54

KEY TERMS 55

ADDITIONAL KEY TERMS 55





Pockets 57

- 4.1 Pockets—Endless Possibilities 58
- 4.2 Patch Pockets 59

- 4.2a Patch Pocket—Instructions with Curved Corners 59
- 4.2b Patch Pockets—Lined 63
- 4.3 Welt Pockets 64
 - 4.3a Double Welt Pocket 65
 - 4.3b Single Welt Pocket 69
 - 4.3c Angled Flap Pocket with Single Welt 71
 - 4.3d Standing Welt Pocket 73
 - 4.3e Curved Welt with Gusset 74
- 4.4 Side Seam or In Seam Pockets 78
 - 4.4a Side Pockets with Built in Extensions 78
- 4.5 Cargo Pockets 79
 - 4.5a Cargo Pocket Lined with

Added Side Pocket 79

4.6 Variety of Pocket Design Ideas 82

KEY TERMS 87

ADDITIONAL KEY TERMS 88

Chapter 5



Collars 89

- 5.1 Sewing Tips 92
 - 5.1a Interfacing a Collar or Lapel When Using Transparent Fabric 94
 - 5.1b Turn of Cloth 94
 - 5.1c Pressing a Collar 94
 - 5.1d Turning a Collar 95
- 5.2 Band Collars 95
 - 5.2a Mandarin Collar 95
- 5.3 Convertible Collar 100
- 5.4 Point Collar 101
 - 5.4a Classic Point collar 101
 - 5.4b Narrow Straight Point Collar 105
 - 5.4c Button Down Point Collar 105
 - 5.4d Tab Collar 105
 - 5.4e Cut Away or Spread Collar 105
- 5.5 Flat Collars 106
 - 5.5a Peter Pan 107
 - 5.5b Sailor 108
- 5.6 Rolled Collars 108

5.6a Notched Collar 108
5.6b Shawl Collar 111
5.7 Technical Collar Designs 112
KEY TERMS 115
ADDITIONAL KEY TERMS 115





Facings—the Wonderful Way to Finish a Garment's Raw Edges 117

6.1 Facings 118
6.1a Armhole Facings 118
6.1b Neckline Facings 120
6.1c All In One Facings 121
6.1d Face the Facing 125
6.1e Hemline Facings 126
6.1f High-Waist Facings 127
KEY TERMS 129





Finishings: Bindings, Buttonholes, and Hems 137

- 7.1 Binding 132
 7.1a Cutting Bias Strips
 7.1b Mitagrad Compare 1
 - 7.1b Mitered Corners 134
 - 7.1c Stretch Press 134
 - 7.1d Basting your Bias Strips Is a Must 134
 - 7.1e Hong Kong Binding Finishing Technique 134
 - 7.1f Double Fold Bias Technique 136
 - 7.1g Bias Facings 137
- 7.2 Buttons and Buttonholes 138

- 7.2a Buttonholes 139
- 7.2b Button Terms 148
- 7.2c Sewing on Buttons 149

7.3 Hems and Vents 151

- 7.3a Baby Hem 151
- 7.3b Hemming with Horsehair Braid 152
- 7.3c Hemming a Skirt with a Slit 153
- 7.3d Hemming a Garment with Godets 153
- 7.3e Mitering Turned up Hems 154
- 7.3f Double Turned Hems 154
- 7.3g Hand Hemming 154
- 7.3h Hemming Pants with a Cuff 155

KEY TERMS 156

Chapter Chapter



Zippers 157

- 8.1 All About Zippers 158 8.1a Zipper Facts, Ideas, Tips, and Suggestions 158
- 8.2 Zipper Types 160
- 8.3 Zipper Installation 162
 - 8.3a J-Fly Zipper 162
 - 8.3b Invisible Zipper 167
 - 8.3c Centered Zipper 168
 - 8.3d Lapped or Single Welt Zipper 171
 - 8.3e Exposed Zipper 172
 - 8.3f Separating Zippers 179
 - 8.3g Shortening Zippers 182
 - 8.3h Matching Seams or Stripes When Installing a Zipper 183

KEY TERMS 184

ADDITIONAL KEY TERMS 184

Chapter

Sleeves and Cuffs 185

9.1 Sleeves 186 9.1a Types of Sleeves 186 9.1b Setting Sleeves Methods 190

9.2 Cuffs 193

9.2a Setting a Clean Finished Closed Band Cuff 9.2b Open Band Cuff 194

KEY TERMS 196

ADDITIONAL KEY TERMS 196





Plackets and Cuffs

10.1 Plackets 198 10.1a Types of Shirt Plackets 198

10.2 Cuffs 204

10.2a Types of Cuffs 204

10.3 Instructions for Plackets 210 10.3a Cuff Placket with One Pattern Piece 210

10.3b Cuff Placket with Two Pattern Pieces 213

10.3c Standard Cuff with Continuous Lap Vent Opening 213

10.3d Standard Cuff with Placket Opening

10.3e Cuff Attached to Gathered or Pleated Sleeve 217

KEY TERMS 220

ADDITIONAL KEY TERMS 221





Yokes and **Waistbands** 223

11.1 Yokes 224

11.1a Topstitching Yoke Method

11.1b Yoke Rolled Method 225

11.2 Waistbands 225

11.2a Choose a Stabilizer 226

11.2b Standard Waistband 227

11.2c Standard Waistband Sew on Method 229

11.2d Standard Waistband: Fold-

Over Method 229

11.2e Instructions for the Waistband 230

KEY TERMS 232

Chapter



Tailoring Techniques

12.1 Tailoring Techniques

12.2 Tailored Patch Pocket 234

12.2a Hand Tailored Patch Pocket 234

12.2b Tailored Patch Pocket with a Pleat 239

12.3 Tailored J-Fly Zipper 241

12.3a Hand Tailored J-fly 241

12.4 Working Cuff 244

12.4a Working Cuff or "Surgeon's Cuff"

12.5 Pad Stitching 247

KEY TERMS 249

Glossary 251

Resources 259

Index 261