# **BRIEF CONTENTS**

#### Preface xx

- 1 Human Sexuality: An Introduction 2
- 2 SEX RESEARCH AND THEORY 26
- FEMALE SEXUAL ANATOMY, PHYSIOLOGY, AND RESPONSE 56
- 4 MALE SEXUAL ANATOMY, PHYSIOLOGY, AND RESPONSE 86
- 5 GENDER AND SEXUALITY 104
- 6 LOVE AND SEXUALITY 132
- 7 Communication and Sexuality 156
- 8 Individual and Interpersonal Sexuality 180
- 9 LIFESPAN VIEW OF SEXUALITY 206
- 10 DIVERSITY—LGBTQIA 236
- 11 HEALTH AND SEXUALITY 264
- 12 CONTRACEPTION AND ABORTION 292
- 13 Pregnancy and Childirth 324
- 14 SEXUAL DYSFUNCTIONS AND SEX THERAPY 346
- 15 VARIANT SEXUAL BEHAVIOR 384
- 16 SEXUALLY TRANSMITTED INFECTIONS 414
- 17 SEXUAL COERCION 448
- 18 Commercialization of Sex 486

GLOSSARY 521

**REFERENCES** 543

**AUTHOR INDEX 588** 

**SUBJECT INDEX** 596

# **CONTENTS**

Preface xx

	1 Hum	IAN SEXUAL	ITY: An In	TRODUCTION	2
1.1	Definir	ng Human	Sexuality	6	
	1.1a	Thoughts	6		

- 1.1b
- Sexual Self-Concept 8
- 1.1c Values 9
- 1.1d Emotions 12
- 1.1e Behaviors 12
- 1.1f Anatomy and Physiology 12
- Reproduction 13 1.1g
- Interpersonal Relationships 13 1.1h

#### 1.2 Nature of Sexual Decisions 14

- 1.2a Not to Decide Is to Decide 14
- 1.2b Decisions Involve Trade-Offs 15
- 1.2c Decisions Include Selecting a Positive or Negative View 15
- 1.2d Decisions Can Produce Ambivalence and Uncertainty 15
- Some Decisions Are Revocable; Some Are Not 15 1.2e

#### 1.3 **Making Sexual Decisions** 16

Four Themes of Sexual Decision-Making by Women 16

#### 1.4 **Influences on Sexual Decisions** 16

- 1.4a Culture 17
- 1.4b Media 17
- Peers, Siblings, and Parents 17 1.4c
- 1.4d Technology 18
- 1.4e Education 19

#### Social Policy 1–1: Sex Education in Public Schools 20

- 1.4f Religion 21
- Alcohol 21 1.4g
- Psychological Factors 21 1.4h

### **Chapter Summary** 23

Web Links 23

Key Terms 24

# SEX RESEARCH AND THEORY 26

- 2.1 The Nature of Sex Research 28
- 2.2 The Interdisciplinary Nature of Sexology 30
- 2.3 Theories of Sexuality 30
  - Biological Theories 31 2.3a
  - 2.3b Psychological Theories 31
  - 2.3c Sociological Theories 34
- 2.4 **Eclectic View of Human Sexuality 39** 
  - Early Sex Researchers 39



2.5	Condu	cting Sex Research: A Step-by-Step Process 41
	2.5a	Identifying a Research Question 41
	2.5b	Reviewing the Literature 41
	2.5c	Formulating a Hypothesis and
		Operationalizing Variables 41
		Caveats in Sex Research 42
		Research Ethics: Protection of Human Subjects 44
2.6		ds of Data Collection 45
		Experimental Research 45
		Survey Research 46
		Field Research 47
		Direct Laboratory Observation 48
		Case Studies 48
		Policy 2-1: Public Funding for Sex Research 49
2.7		of Data Analysis 49
		Description 49
		Correlation 50
	2.7c	Causation 51
2.8	Interpr	etation and Discussion 52
Chap	ter Summ	ary 53
Web	Links 54	
Key T	erms 55	
Key T	erms 55	
•	_	
•		ALE SEXUAL ANATOMY, PHYSIOLOGY, AND RESPONSE 56
•	3 Fem.	
_	3 Fem.	ALE SEXUAL ANATOMY, PHYSIOLOGY, AND RESPONSE 56  External Anatomy and Physiology 58  Mons Veneris 59
_	Female	External Anatomy and Physiology 58
_	<b>3 FEM.</b> Female  3.1a  3.1b	External Anatomy and Physiology 58 Mons Veneris 59
_	Female 3.1a 3.1b 3.1c	External Anatomy and Physiology 58 Mons Veneris 59 Labia 59
_	Female 3.1a 3.1b 3.1c 3.1d	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61
_	Female 3.1a 3.1b 3.1c 3.1d	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62
_	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62  Urethral Opening 63
_	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62  Urethral Opening 63  Female Genital Alteration 63
_	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59 Clitoris 61  Vaginal Opening 62 Urethral Opening 63 Female Genital Alteration 63  The Female Breasts 65
3.1	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social I	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62  Urethral Opening 63  Female Genital Alteration 63  The Female Breasts 65  Policy 3-1: Breastfeeding in Public? 66  Internal Anatomy and Physiology 68
3.1	3 Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social 1 Female 3.2a	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62  Urethral Opening 63  Female Genital Alteration 63  The Female Breasts 65  Policy 3-1: Breastfeeding in Public? 66
3.1	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social Female 3.2a 3.2b	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62  Urethral Opening 63  Female Genital Alteration 63  The Female Breasts 65  Policy 3-1: Breastfeeding in Public? 66  Internal Anatomy and Physiology 68  Vagina 68
3.1	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social 1 Female 3.2a 3.2b 3.2c	External Anatomy and Physiology 58  Mons Veneris 59 Labia 59 Clitoris 61 Vaginal Opening 62 Urethral Opening 63 Female Genital Alteration 63 The Female Breasts 65 Policy 3-1: Breastfeeding in Public? 66 Internal Anatomy and Physiology 68 Vagina 68 The "G-Spot" 69
3.1	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social 1 Female 3.2a 3.2b 3.2c 3.2d	External Anatomy and Physiology 58  Mons Veneris 59  Labia 59  Clitoris 61  Vaginal Opening 62  Urethral Opening 63  Female Genital Alteration 63  The Female Breasts 65  Policy 3-1: Breastfeeding in Public? 66  Internal Anatomy and Physiology 68  Vagina 68  The "G-Spot" 69  Uterus 70
3.1	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social 1 Female 3.2a 3.2b 3.2c 3.2d 3.2e	External Anatomy and Physiology 58  Mons Veneris 59 Labia 59 Clitoris 61 Vaginal Opening 62 Urethral Opening 63 Female Genital Alteration 63 The Female Breasts 65 Policy 3-1: Breastfeeding in Public? 66 Internal Anatomy and Physiology 68 Vagina 68 The "G-Spot" 69 Uterus 70 Fallopian Tubes 70
3.1	Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social 1 Female 3.2a 3.2b 3.2c 3.2d 3.2e	External Anatomy and Physiology 58  Mons Veneris 59 Labia 59 Clitoris 61 Vaginal Opening 62 Urethral Opening 63 Female Genital Alteration 63 The Female Breasts 65 Policy 3-1: Breastfeeding in Public? 66 Internal Anatomy and Physiology 68 Vagina 68 The "G-Spot" 69 Uterus 70 Fallopian Tubes 70 Ovaries 71 uation 71
3.1	3 Female 3.1a 3.1b 3.1c 3.1d 3.1e 3.1f 3.1g Social Female 3.2a 3.2b 3.2c 3.2d 3.2e Menstr 3.3a	External Anatomy and Physiology 58  Mons Veneris 59 Labia 59 Clitoris 61 Vaginal Opening 62 Urethral Opening 63 Female Genital Alteration 63 The Female Breasts 65 Policy 3-1: Breastfeeding in Public? 66 Internal Anatomy and Physiology 68 Vagina 68 The "G-Spot" 69 Uterus 70 Fallopian Tubes 70 Ovaries 71 uation 71



3.4 N	Models	of Sexual Response 76
	3.4a	Masters and Johnson's Four-Stage Model of Sexual Response <b>76</b>
	3.4b	Kaplan's Three-Stage Model of Sexual Response 79
		Basson's Model of Sexual Response 79
3.5 F	Iormo	nes and Sexual Response 80
3.6 P	herom	iones, Aphrodisiacs, and Sexual Response 81
Chapter	Summ	ary 83
Web Lin	ks 84	
Key Terr	ns 85	
•		
4	MAL	E SEXUAL ANATOMY, PHYSIOLOGY, AND RESPONSE 86
4.1 N	Male Ex	xternal Anatomy and Physiology 88
	4.1a	Penis 88
	Social 1	Policy 4-1: Male Circumcision 92
	4.1b	Scrotum 93
4.2 N	Male In	ternal Anatomy and Physiology 93
	4.2a	Testes 94
	4.2b	Duct System 95
	4.2c	Seminal Vesicles, Prostate Gland, and Bulbourethral Gland <b>96</b>
4.3 S	exual	Response Cycle of Men 97
	4.3a	Masters and Johnson's Four-Stage Model of Sexual Response 97
	4.3b	Differences in Sexual Response Cycle of Men and Women 100
Chapter	Summ	ary 101
Web Lin	iks 101	
Key Terr	ns 102	2
•		
_		
5	GENI	DER AND SEXUALITY 104
5.1 T	ermin	ology 106
	5.1a	Sex 106
	5.1b	Gender 106
	5.1c	Gender Identity 107
	5.1d	Transgender 108
		Gender Roles 110
	5.1f	Sexual Identity 110
	5.1g	Gender Role Ideology 110
5.2 B	Biologi	cal Beginnings 112
	5.2a	Chromosomes 112
	5.2b	Disorders of Sex Development 113
	Social 1	Policy 5-1: Selecting the Sex of an Unborn Child 113



	3.20	Atypical Chromosomal Development 114
	5.2d	Fetal Hormones 115
	5.2e	Atypical Anatomical Development 116
	5.2f	Pubertal Hormones 116
	5.2g	The Mosaic Brain 117
5.3	Theorie	es of Gender Role Development 118
	5.3a	Sociobiology 118
	5.3b	Identification Theory 119
		Social Learning Theory 119
	5.3d	Cognitive-Developmental Theory 120
5.4	Agents	of Gender Role Socialization 120
	5.4a	Parents 120
	5.4b	Peers 121
		Teachers 121
		Religion 121
	5.4e	Media 122
5.5	<b>Effects</b>	of Gender Role Socialization on Sexuality 122
	5.5a	Female Sexuality 122
	5.5b	Male Sexuality 124
5.6	Gender	Role Changes 126
	5.6a	67 7
		Gender Role Transcendence 126
	5.6c	Gender Postmodernism 127
Chap	oter Summ	ary 128
Web	Links 12	9
Key 1	Terms 130	)
	6 Lov	E AND <b>S</b> EXUALITY 132
_		
6.1	•	f Viewing Love 134
	6.1a	Love on a Continuum from Romanticism to Realism 134
	6.1b	Three Elements of Love 136
6.2	Love St	ryles 137
	6.2a	Love and Sex: Similarities and Differences 138
6.3	Contex	ts for Sex and Love 141
	6.3a	Hooking Up 141
	6.3b	Friends with Benefits 142
	Social	Policy 6-1: Love in the Workplace 144
6.4	Polyan	ory and Open Relationships 145
	6.4a	Advantages and Disadvantages of Polyamory 147
	6.4b	Rules of an Open Relationship 148
6.5	<b>Factors</b>	Involved in Selecting a Long-Term Partner 149
	6.5a	Cultural Factors in Selecting a Partner 149
	6.5b	Sociological Forces in Selecting a Partner: Homogamy 150

Psychological Factors in Selecting a Partner 150



6.5c

6.6	Challen	ges Related to Intimate Sexual Relationships 151
	6.6a	Jealousy 151
	6.6b	Guilt 152
	6.6c	Obsession 153
	6.6d	Stalking 153
Chapt	er Summe	ary 154
	inks 155	•
Key Te	erms 155	
,		
1	<b>7</b> Сомі	MUNICATION AND SEXUALITY 156
7.1	Princip	les of Relationship/Sexual Communication 158
	7.1a	Initiate Discussion of Important Issues 159
	7.1b	Choose Good Timing 159
	7.1c	Give Congruent Messages 159
	7.1d	Minimize Criticism; Maximize Compliments 161
	7.1e	Communicate Feelings 162
		Tell Your Partner What You Want 163
	_	Make Statements Instead of Asking Questions 163
		Ask Open-Ended Questions 163
		Use Reflective Listening 164
	,	Use "I" Statements 164
		Keep the Process Going 166
	7.11	Take Responsibility for Being Understood 166
		Avoid Rehashing/Stay Focused 166
7.2		logy, Communication, and Relationships 167
	7.2a	Texting and Interpersonal Communication 167
	7.2b	
7.3	Commi	a Relationship Problem 168
7.3		Inication Theory 169
		Identity Formation Theory 169 Social Learning Theory 169
	7.3c	Social Exchange Theory 169  Social Exchange Theory 169
		Policy 7-1: The Law and Sexting 170
7.4		,
/. <del>1</del>		y and Dishonesty in rsonal Communication 170
	7.4a	Privacy Versus Secrecy and Deception 171
	7.4b	Extent of Dishonesty Among College Students 172
7.5		ng Conflict in Relationships 173
7.0	7.5a	Approach Communication from a Place
		of Respect and Negotiation 174
	7.5b	Address Recurring Issues 174
	7.5c	Focus on What You Want  (Pathor Than What You Don't Want) 174
	7 [ ]	(Rather Than What You Don't Want) 174
	7.5d	Find Out Your Partner's Point of View 174
	7.5e	Generate Win-Win Solutions to the Conflict 175
	7.5f	Evaluate and Select a Solution 175



#### 7.6 Gender Differences in Communication 176

Chapter Summary 177
Web Links 178

Key Terms 178



## 8 Individual and Interpersonal Sexuality 180

8.1	<b>Erotophilia</b>	and	Froton	hohia	182
0.1	LIUUUDIIIIa	anu	LIOUD	HUUDIA	104

### 8.2 Virginity, Chastity, Celibacy, and Abstinence 184

- 8.2a Voluntary Abstinence **185**
- 8.2b Involuntary Abstinence 186
- 8.2c Asexuality 186

### Social Policy 8-1: Institutional Restrictions on Sexual Expression 186

#### 8.3 Masturbation 187

- 8.3a Origins of Negative Attitudes Toward Masturbation 187
- 8.3b Pros and Cons of Masturbation 190
- 8.3c Vibrators 191

#### 8.4 Sexual Fantasies 194

#### 8.5 Sex with a Partner 194

- 8.5a Kissing 194
- 8.5b Sexual Touching 195
- 8.5c Fellatio 195
- 8.5d Cunnilingus 196
- 8.5e Penile-Clitoral Stimulation 197
- 8.5f Anal Stimulation 197
- 8.5g Anal Intercourse 197
- 8.5h Vaginal Intercourse 198
- 8.5i Threesomes 203

#### **Chapter Summary** 204

Web Links 205

Key Terms 205

# 9 LIFESPAN VIEW OF SEXUALITY 206

#### 9.1 Sexuality in Infancy and Childhood 208

- 9.1a Infancy **208**
- 9.1b Sexual Behaviors of Children 208
- 9.1c Parents as Sex Educators for Their Children 210
- 9.1d Public and Parochial Sex Education 210

#### 9.2 Sexuality in Adolescence 213

- 9.2a Adolescence 213
- 9.2b Physiological and Physical Changes 213
- 9.2c Psychological Changes 214
- 9.2d Sexual Debut of Adolescents 214



	9.2g	Sexuality in Adulthood—A Lifespan View 217
	9.2h	Sexuality Among Singles 219
	9.2i	Sexuality Among Cohabitants 221
	9.2j	Sexuality Among Spouses 221
	9.2k	, 0
	9.21	Sexuality Among the Widowed 223
9.3	Extram	arital Affairs 223
	9.3a	Types of Extramarital Encounters 223
	9.3b	
	9.3c	Recovery from an Affair 227
9.4	Sexuali	ty in the Middle Years 229
	9.4a	Women: Menopause and Hormone Replacement Therapy 230
	9.4b	Men and Testosterone Replacement Therapy 231
9.5	Sexuali	ty in the Later Years 232
	Social 1	Policy 9-2: Restricting Sexuality in Elder-Care Facilities 233
Chap	ter Summ	ary 234
Web	Links 235	5
Key To	erms 235	5
1	∩ Draz	ERSITY—LGBTQIA 236
_		
10.1	LGBTQ	IA Terminology 238
10.2	Concep	tual Models of Sexual Orientation 239
		Dichotomous Model 239
	10.2b	Unidimensional Continuum Model 239
	10.2c	Multidimensional Model 240
10.3	Prevale	nce by Sexual Orientation 241
10.4	Theorie	es of Sexual Orientation 242
	10.4a	Biological Explanations 242
	10.4b	Is There a Social/Cultural Influence? 243
10.5	Danger	s of Conversion Therapy 244
10.6	Coming	g Out or Concealment? 244
		Coming Out to Yourself and Others 245
	10.6b	Mixed-Orientation Relationships 248
10.7	Homos	exual and Bisexual Relationships 248
		Gay Male Relationships 249
		Lesbian Relationships 249
		<del>-</del>
	10.7c	Bisexual Relationships 250
		Bisexual Relationships 250 Pansexual Relationships 250
10.8	10.7d	

Talking with Teens About Sex 215

217

Teen Pregnancy and Births 216 Social Policy 9-1: Plan B for Adolescents? 216

9.2e

9.2f



10.9	Heterosexism, Homonegativity, and Homophobia	251
	10.9a Homonegativity and Homophobia 254	
	Social Policy 10-1: Same-Sex Marriage 256	
	10.9b Discrimination Against Homosexuals 257	
	10.9c Biphobia <b>257</b>	

#### 10.10 How Heterosexuals Are Affected by Homophobia 258

10.11 What to Do About Anti-LGBTQIA Prejudice and Discrimination 259

Chapter Summary 260
Web Links 262
Key Terms 263

## 11 HEALTH AND SEXUALITY 264

- 11.1 Effects of Illness and Disability on Sexuality 266
- 11.2 Effects of Illness and Disability on Self-Concept and Body Image 266
- 11.3 Impaired Sensory-Motor Function and Sexuality 268
  - 11.3a Spinal Cord Injury 268
  - 11.3b Multiple Sclerosis and Cerebral Palsy 269
- 11.4 Diabetes and Sexuality 271
- 11.5 Impaired Cognitive Function and Sexuality 273
  - 11.5a Alzheimer Disease and Other Forms of Dementia 273
  - 11.5b Traumatic Brain Injury 274
  - 11.5c Intellectual and Developmental Disability 275
- 11.6 Mental Illness and Sexuality 277
  - 11.6a Mental Illness and Sexual Dysfunction 278
  - 11.6b Mental Illness and Barriers to Sexual Expression, Safer Sex, and Contraception **278**
- 11.7 Effects of Pain and Fatigue on Sexuality 279
  - 11.7a Pain and Sexuality 279
  - 11.7b Fatigue and Sexuality 280
- 11.8 Effects of Medical Treatment on Sexuality 280
  - 11.8a Effects of Surgery on Sexuality 280
- 11.9 Effects of Medication and Radiation on Sexuality 282
- 11.10 Alcohol, Other Drugs, and Sexuality 283

Social Policy 11-1: Alcohol Abuse on Campus 284

- 11.10a Alcohol and Sexuality 284
- 11.10b Other Recreational Drugs and Sexuality 286
- 11.10c Alcohol, Drugs, and Unsafe Sex 287

**Chapter Summary** 288

Web Links 289 Key Terms 290

1	2 CONTRACEPTION AND ABORTION 292
12.1	Contraception 294
	12.1a Hormonal Methods 295
	12.1b Barrier Methods 298
	12.1c Natural Family Planning Methods 303
	12.1d Withdrawal 305
	12.1e Emergency Contraception 305
12.2	Sterilization 307
	12.2a Female Sterilization 308
	12.2b Male Sterilization 310
12.3	Abortion 310
	12.3a Methods of Abortion 310
	12.3b Abortion Rights in the United States:
	Activism, Court Rulings, and Legislation 314
	12.3c Attitudes Toward Abortion 318
12.4	International Access to Abortion 319
12.5	Physical and Psychological Effects of Abortion 320
Chap	ter Summary 322
Web I	Links 323
Key To	erms 323
	3 Pregnancy and Childbirth 324
13.1	Pregnancy 326
	13.1a Pregnancy Intention 326
	13.1b Beginning of Pregnancy 327
	13.1c Pregnancy Testing 328
	13.1d Physical Changes During Pregnancy 328
	13.1e Maternal Mortality 330
	13.1f Prenatal Care and Exercise 330
	13.1g Alcohol, Cigarette, and Drug Use 330
	Social Policy 13-1: Criminal Prosecution for Fetal Abuse? 332
	13.1h Prenatal Testing 333
	13.1i Miscarriage 334
	13.1j Sex During Pregnancy 334
13.2	Infertility 335
	13.2a Causes of Infertility 335
13.3	Childbirth: Preparation and Reality 337

13.3a Childbirth Preparation—Lamaze 337

13.3d First Stage of Labor 33913.3e Second Stage of Labor 34013.3f Third Stage of Labor 341

13.3c Pain Control in Labor and Delivery 339

13.3b Trends: Classes, Birth Centers, Home Birth, and VBAC 338



13.3g	Cesarean Childbirth	341
13.3h	Reaction to the Baby	342

**Chapter Summary** 343

Web Links 343 Key Terms 344

## 14 SEXUAL DYSFUNCTIONS AND SEX THERAPY 346

14 1	Definitions	of Sexual Dysfunctions	348
17.1	Deminions	of Scaual Dystuffctions	240

# 14.2 Causes and Contributing Factors of Sexual Dysfunctions 350

- 14.2a Organic Factors 350
- 14.2b Sociocultural Factors 351
- 14.2c Psychological Factors 352
- 14.2d Relationship Factors 353
- 14.2e Cognitive Factors 353

#### 14.3 Interest/Arousal Dysfunctions 355

- 14.3a Female Sexual Interest/Arousal Disorder 355
- Social Policy 14-1: "Even the Score" Debate 359
  - 14.3b Male Hypoactive Sexual Desire Disorder 361

#### 14.4 Other Male Sexual Dysfunctions 362

- 14.4a Premature Ejaculation 362
- 14.4b Erectile Disorder 363

#### 14.5 Orgasm Dysfunctions 366

- 14.5a Female Orgasmic Disorder 366
- 14.5b Delayed Ejaculation 369

#### 14.6 Genito-Pelvic Pain/Penetration Disorder 371

- 14.6a Vaginismus 372
- 14.6b Dyspareunia 373

#### 14.7 Sex Therapy 374

- 14.7a Sex Therapist Requirements/Status of the Profession 374
- 14.7b Cognitive Behavioral Sex Therapy 375
- 14.7c Masters and Johnson's Approach 376
- 14.7d Kaplan's Approach 376
- 14.7e PLISSIT Model Approach 377
- 14.7f LoPiccolo's Approach 377
- 14.7g Ogden's Expanding the Practice of Sex Therapy 379

#### 14.8 Effectiveness of Sex Therapy 379

**Chapter Summary** 380

Web Links 382

Key Terms 382

15 VARIANT SEXUAL BEHAVIOR 384
15.1 What Is Normal Sexual Behavior? 386
15.1a Criteria Used to Define Normal Sexual Behavior 386
15.1b Historical Variations in Definitions of Normal Sexual Behavior <b>387</b>
15.2 Variant Sexual Behavior: Definitions and Overview 388
15.2a Legal Versus Illegal Paraphilias 390
15.3 Types of Paraphilic Disorders 391
15.3a Voyeuristic Disorder <b>392</b>
15.3b Exhibitionistic Disorder <b>393</b>
15.3c Frotteuristic Disorder <b>394</b>
15.3d Sexual Masochism Disorder 394
15.3e Sexual Sadism Disorder <b>396</b>
15.3f Pedophilic Disorder <b>397</b>
15.3g Fetishistic Disorder <b>399</b>
15.3h Transvestic Disorder 401
15.3i Other Paraphilias <b>402</b>
15.3j Pathologizing Kink <b>404</b>
15.3k Sexual Addiction <b>404</b>
15.4 The Origins of Paraphilias: Theoretical Perspectives 40
15.4a Psychoanalytic Theory <b>406</b>
15.4b Feminist Theory 406
15.4c Learning Theory 406
15.4d Biological Theory 406
15.5 Treatment of Paraphilias 406
15.5a Decreasing Deviant Sexual Arousal 407
Social Policy 15-1: Treating Paraphilic Sex Offenders with Hormones 408
15.5b Aversive Conditioning 408
15.5c Covert Sensitization 409
15.5d Learning Social Skills 410
15.5e Changing Faulty Conditions 410
15.5f Resolving Sexual Dysfunctions 410
Chapter Summary 411

# 16 SEXUALLY TRANSMITTED INFECTIONS 414

### 16.1 Sexually Transmitted Infections: An Overview 416

- 16.1a Rampant Increases in STIs in the United States 416
- 16.1b Ignorance Promotes Infection 417
- 16.1c Risk Factors for Sexually Transmitted Infections 417
- 16.1d STI Testing **420**

Web Links 412 Key Terms 412

16.1e Consequences of Sexually Transmitted Infections 422



1	9	9	
	3		

16.2 Sexually Transmitted Infections: A Pandemic 42	6.2	2 Sexually	<b>Transmitted</b>	<b>Infections: A</b>	Pandemic	424
---	-----	------------	--------------------	----------------------	----------	-----

#### 16.3 Types of STIs 425

16.3a Ectoparasitic Infections **425** 

16.3b Bacterial Infections 426

16.3c Viral Infections 429

#### 16.4 HIV and AIDS 432

16.4a Definitions of HIV and AIDS 433

16.4b Transmission 433

16.4c Prevention and Control 436

#### 16.5 Protecting Yourself from STIs 436

16.5a Abstaining from Sex 436

16.5b Reducing the Number of Sexual Partners and Mutual Monogamy 437

16.5c Using Condoms Consistently and Effectively 437

# Social Policy 16-1: Youth Risk Behavior and Condom Availability in High Schools 441

16.5d Preexposure Vaccination 441

16.5e Seeking STI Screening and Prompt Treatment 442

Social Policy 16-2: Legal Aspects of Disclosing an STI 443

#### 16.6 Accessing Sexual Health Services 444

Chapter Summary 445 Web Links 446 Key Terms 447

## 17 SEXUAL COERCION 448

#### 17.1 Sexual Coercion: Rape and Sexual Assault 450

17.1a Definitions of Rape 450

17.1b Prevalence and Contexts of Rape 453

17.1c Characteristics of Men Who Rape Women 454

17.1d Men as Victims of Rape 456

#### 17.2 Theories of Rape 458

17.2a Evolutionary and Biological Theories of Rape 458

17.2b Psychopathological Theory of Rape 459

17.2c Feminist Theory of Rape 459

17.2d Social Learning Theory of Rape 459

17.2e Rape Culture 460

#### Social Policy 17-1: Rape Culture: A First Lady Speaks Out 461

17.2f Sexual Assault and Harassment in the Military 461

# 17.3 Consequences of Rape and Treatment for Rape Survivors 462

17.3a Reporting a Rape and Title IX **464** 

17.3b Consequences of Rape 464

17.3c Treatment for Rape Survivors 465

17.4a Teaching Women to Avoid Rape 466
17.4b Teaching Men Not to Rape 467
17.4c Campaigns to Address Rape 468 17.5 Child Sexual Abuse 469
17.5a Intrafamilial Child Sexual Abuse <b>470</b> 17.5b Extrafamilial Child Sexual Abuse <b>471</b>
17.50 Extrarammal Child Sexual Aduse 471  17.5c Recovered Memories of Abuse 472
17.6 Consequences and Treatment of Child Sexual Abuse 473 17.6a Impact of Child Sexual Abuse 473
17.6b Treatment of Sexually Abused Children and
Adults Sexually Abused as Children 473
17.7 Prevention of Child Sexual Abuse 474
Social Policy 17-2: Megan's Law and
the Jessica Lunsford Act 474
17.8 Treatment of Rape and Child Sexual Abuse Perpetrators 43
17.9 Sexual Harassment 476
17.9a Definition and Incidence of Sexual Harassment 476
17.9b Theories of Sexual Harassment 477
17.9c Profile of Sexually Harassed Victims and Perpetrators 478
Social Policy 17-3: Sexual Harassment Policy
in the Workplace 479
17.9d Consequences of Sexual Harassment 479
17.9e Responses to Sexual Harassment 480
Chapter Summary 482
Web Links 484
Key Terms 485
18 Commercialization of Sex 486
18.1 Sex in Advertising 488
18.2 Sexuality Online 488
Social Policy 18-1: Government Control of
Online Sexual Content 488
18.2a Benefits of Sexuality Online 489
18.2b Disadvantages of Sexuality Online <b>492</b>
18.3 Sex and the Law 493
18.4 Sex-related Businesses 494
18.4a Phone Sex <b>494</b>
18.4b Camming <b>494</b>
18.4c Strip Clubs <b>495</b>
18.4d Erotic Massage Parlors 497

18.4e Community Attitudes Toward Adult Businesses 497

17.4 Prevention of Rape 466



#### 18.5 Pornography 498

- 18.5a Defining Pornography and Erotica 498
- 18.5b Pornography and the Law 501
- 18.5c Effects of Pornography on Individuals and Relationships 502

#### 18.6 Prostitution 504

- 18.6a Definition of Prostitution as Sex Work 504
- 18.6b Types of Prostitutes 505
- 18.6c Becoming a Prostitute 507
- 18.6d Life as a Prostitute 509
- 18.6e Impact of Sex Work on Personal Intimate Relationships 509
- 18.6f Clients of Prostitutes 510
- 18.6g Prostitution and the Law 511

#### Social Policy 18-2: Should Prostitution Be Decriminalized? 512

- 18.6h Prostitution and STIs/HIV 514
- 18.6i Sex Trafficking 514

**Chapter Summary** 516

Web Links 517

Key Terms 518

GLOSSARY 521

**REFERENCES** 543

**AUTHOR INDEX** 588

**SUBJECT INDEX** 596